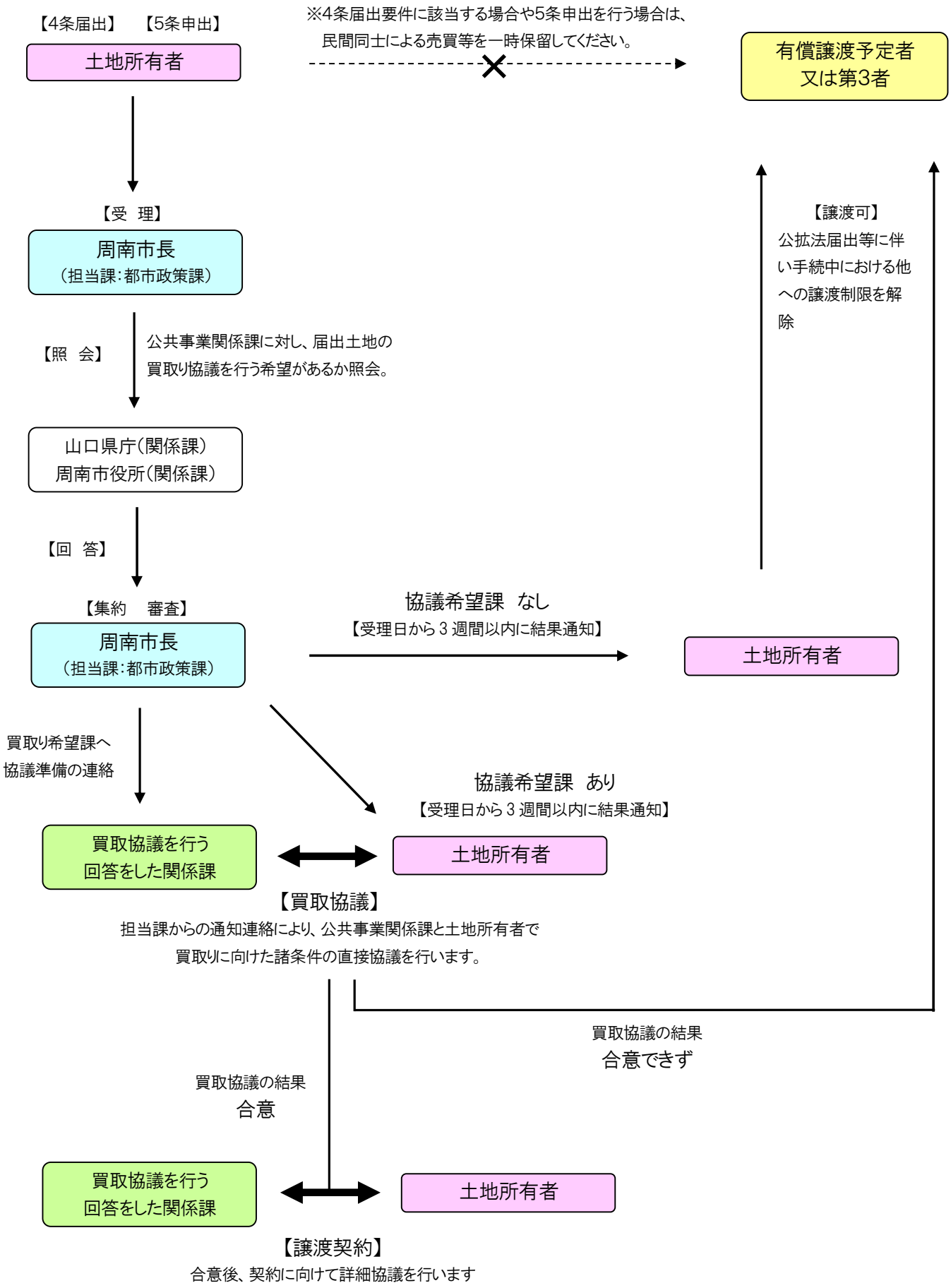公拡法「4条届出」「5条申出」における手続きの流れ